

SAVOURY SLICE

Ingredients

8 oz grated non-dairy cheese (such as Scheese)
5 oz rolled oats
1 onion, chopped fine
1 small green pepper (or ½ large one) chopped fine
2 large carrots, grated
Salt, pepper, dried herbs to taste
little soya or rice milk, to moisten

Method

In a large bowl mix together the “cheese”, oats and grated vegetables.
Season to taste with s. and p. and your favourite combination of dried herbs.
Pile mixture into greased Swiss roll tin and press down well. Bake at gas 5,
375 F., ¾ to 1 hour. Delicious cold, or hot with a tomato sauce.