

I INCLUDED Charles Glover Botham in the previous list of mediums who have given me splendid evidence ; but I must do more than pass him by with so brief a comment, for I had a long series of sittings with him. They started less than three weeks after my husband's death. I had gone to London for my second appointment with Mrs. Garrett, only to find, when I reached the London Spiritualist Alliance, that she had suddenly become ill and was quite unable to work that day. Mr. Botham happened to be available, and the sitting that I then had with him was packed from start to finish with evidential facts, equally convincing in their way to those which had been given me by Uvani. We have always found him to be a very fine medium.

There are many other excellent mediums of whom I have personal experience, but so far in this book I have talked only about those who have been connected with the cross-tests of which I have actually written. I should, however, like to speak of two others who have given us remarkable evidence. The first is the celebrated American medium, Arthur Ford, who has such a wonderful gift of clairaudience ; for it was through him that our very first cross-communications were done and it was he who made us realize that such a thing was possible. He did great work for us when he was in England in the autumn of 1930, for it was then that, quite unknown to himself, he carried out an amazing series of tests which were arranged by my husband, and in which (though nothing had previously been told me about this) Frank, and my father and mother also, took part.

Ruth Vaughan is the second medium I want to mention, because the accuracy of the information given me by her control, concerning Ronald's last journey, was so impressive. This control is said to have lived in Italy during the fifteenth century, and like Uvani speaking through Mrs. Garrett, he is gravely polite and unemotional. He has an unusual aptitude for seeing into the lives and surroundings of people on earth, and, having in his lifetime been a doctor, he is particularly good at diagnosing illness. I have often been fascinated by the manner in which, with this strange extension of vision, he will give long and accurate descriptions of men, women and children with whom he has never come in contact, and of the diseases from which they are suffering.

So far I have said little about Abdul Latif. The difference in his control of the two trance mediums, Mrs. Garrett and Miss Francis, is a source of considerable speculation to many people, but, in conjunction with his control of me, I have had many opportunities of seeing what happens. He has spoken to me in writing about this, so I think it is better to give the explanation of what takes place in his own words :

"You know that there is much controversy always arising over this subject of Abdul Latif's control of two mediums. This is exactly what transpires. I come through Eileen Garrett with much the same feelings that were mine during the life I spent as Abdul Latif : the keen analytical mind predominant ; the same turn of speech, forceful, impatient, quick ; showing when speaking there a resoluteness ; attending to affairs appertaining to health with precision.

"Through the mediumship of Eileen Garrett, it is true that my personality (the Abdul Latif as he was) is more vividly displayed than is possible with any other living medium. Myself, I think it has never been possible for the earth personality of any individual to be manifested through any other medium to the same extent. You have found this to be amazingly the case with your own husband. You have seen that with Uvani the characteristic side of the Arab is uppermost.

"So far as your experience goes, it is the dynamic forceful Abdul Latif, diagnosing swiftly, whom you meet with Uvani's instrument ; one who appears to be doing his work and attending to business in the same manner as you would find when a doctor is consulted in the room in which he interviews his patients. You find that items of information, one after the other, are given you on all manner of subjects—yourself, your health—each symptom known and discussed. Of everything concerning you does Abdul Latif evince knowledge, and at times will he give much about other people, even those who are not related. All these things happen through this source with him. He shows this side ; yet because, when he lived, Abdul Latif had many interests and also many sides to his nature, he occasionally relaxes. He is then the man you see working through Miss Francis.

"Now I find when I assume control of Nina Francis, who is a very gentle woman, that I display far more tolerance, less impetuosity. I feel more inclined to talk on abstract subjects, and also have a philosophic serenity. One might liken it to the feelings of a surgeon who, having been busily employed with his work, sinks into a comfortable chair and prepares to enjoy a chat with a friend well known to him. I am still the doctor, however, still showing knowledge of your health, able to advise and give help ; and with you have I shown throughout these talks that, though not touching on evidential points in the same way, I none the less allude to all manner of incidents, past, present and to come, in the lives of yourself and your sons. You know it is the same old friend. You have also at times discovered Abdul Latif's system of control to be reversed ; that as when speaking with Uvani's instrument he sometimes takes his ease, so he will assume much forcefulness through this vehicle of Lucio's.

"State as you have found. If, on earth, moods alter according to the effect caused by those with whom one comes in contact, how much more are different sides evinced when using entranced mediums of totally opposite calibre ? With all through whom I work I show different characteristics ; but, fundamentally, the man is there ; and this is apparent to you, for, coming through either source, the same personality appears, the conversation touching upon the same themes, a close knowledge shown of what lies within your life.

"And coming directly to yourself, giving the inscription, I can give a helping hand ; little glimpses of what is done by your boys, information concerning what shall come to pass. You feel that Abdul Latif has a kindly interest ; that he is able to tell you of many things, can arrange what is carried out elsewhere ; can prove what he says to be correct."

Through both these mediums Abdul Latif has confirmed what he said here. I will give his own words through Mrs. Garrett :

"When speaking to one another on the earth, are not different sides shown, displaying to this one that which is hidden from the next? Then consider how much more does the portrayal differ when for the time being various mechanisms are borrowed. We take one, we take another, but in most cases must a portion only of what we would express flow through. When sufferers come, seeking help of mind or body, we use with gratitude that instrument nearest to our hand. I may have to come showing a great deal of joviality—well, I was in my life a jovial man! On the other hand I may display a very philosophic calm. That, too, formed part of me.

"The manner of my coming varies. If, however, in the end I have helped some person, what does it matter how it is done?"

I must now say a little more about the healing powers of Abdul Latif, and something also about those of White Eagle and Chang, the Chinese control of Mr. Philip Sharplin. It is undoubtedly true that an extraordinary magnetic strength emanates from all of them, and I have often experienced it and benefited from it. Not only has this power come directly to myself, apart from those times when I have been with their mediums, but it has also come to me through that great healer William Hendry, who for so many years of his life worked unceasingly, and in so gentle and self-effacing a manner, to help others.

When undergoing treatment for a severe illness, I have many times seen colours in all sorts of shades from softest violet to deep orange, sometimes beautifully intermingled with gold or silver. Sometimes the sensation has been strongly magnetic, at others almost like liquid sunshine; and once—this was with White Eagle—I saw flowing towards me a soft white vapour, a silver cloud, soothing, smooth, completely satisfying. The result was in all cases the same: a feeling of renewed life as a stream of vitality coursed through my veins. White Eagle speaks often of these lights, saying they are part of the cosmic rays drawn from the universe, and that they possess wonderful curative powers.

The controls I have met have different methods of healing. In addition to giving out healing himself, Abdul Latif when speaking through his medium, Eileen Garrett, often advises his patients to see an earthly doctor as well. In my own case, in the early days of my illness, he gave me, without my mentioning the subject at all, an accurate diagnosis of what was wrong. He said there was a certain injection I ought to have, and that he could induce a doctor to whom I was going to prescribe it for me. The next time I visited this doctor he said I must have that very treatment. I could not help thinking how surprised he would be if I told him I had known beforehand all that he would say.

Mrs. Vaughan's control also often advises people to have his diagnosis verified by a doctor; and Mr. Sharplin's, after satisfying himself that his magnetic treatment is not likely to bring about the desired result, will tell his patient to see one also.

On the other hand, when speaking through Nina Francis, Abdul Latif shows no disposition at all to advise one to consult earthly doctors; and it is rarely that White Eagle does either.

I have to admit, however, that though I could receive from spiritual sources speedy relief and healing from sundry aches and pains (as, for

example, when I was injured by a car), I was ultimately defeated by a really serious illness. As the time went on without my becoming better for more than a few brief intervals, I realized that something must be lacking in myself; the ability mentally to reach out to some great force; an ability which had often been present with trouble less serious. My physical weakness gave me a strange feeling of not having enough strength to do this, and yet I continued to have faith that I should eventually be cured of the extreme exhaustion from which I was suffering.

This illness, which lasted altogether for eight years, gave me a wonderful opportunity for seeing if those from the other world, who had so often shown me their great powers, could make me well. For the last five of these years I did not consult any living doctor, nor, for that matter, did I tell anyone how ill I was. Finally, however, acute peritonitis forced me to have an emergency operation, which was completely successful, though there had been at first some doubt as to whether I should live. Once surgery had done its work I was able to make a recovery which astounded those who looked after me; as indeed they were amazed that I had been able to keep going during all the years when I had been so ill.

In spite of my faith I did not get healed until I was taken in hand by human doctors; and this has taught me that in our present state of knowledge it is not always sufficient to rely on spiritual healing alone. Those who communicate with us from the spheres beyond can usually see considerably further than we can, but they are not omniscient. The information they may give should, therefore, not be regarded as infallible.

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FROM the time of Mrs. Garrett's departure for America in December, 1933 (although she was in England for a short period the following year), I neither saw her nor held any kind of communication with her until she returned to this country in July, 1936.

Two and a half years had therefore elapsed before we met again on July 23rd. She was speaking that evening at the British College of Psychic Science on her experiences in the United States, and I listened to her with intense interest. She gave an account of the work done with her by various doctors and scientists. These, being thoroughly baffled by 'those so-called controls of hers', Abdul Latif and Uvani, had been trying by every means they could think of to see if they could not explain them away.

It was on August 5th, 1936, that Uvani again spoke to me through Eileen Garrett. He said:

"I am happy to come to you in this way, to give you some account of what we have done since last we spoke through this instrument. You have been kept in comfort, happiness, understanding, and without undue