

Victoria, B.C.

Nov. 23, 00

Dear Frances.

I was delighted to get your letter today. I've been starved of news of you, & now David has given me your own private phone no. The Nubfield home sounds like a happy haven, & you write such an up-beat letter, I am greatly relieved.

We aren't to make casseroles for the Street Kids in December, so I found out I must make two for November & I did them today. They have to fill large, generous boil pans (about 4 quarts). I made two bean & veg. dishes - 6 kinds of beans & lentils, plus 6 different veg. Apparently the Street Kids are often vegetarians. They were easy to cook, & no



mess to clean up, & delicious!

Yesterday, I made myself do  
a house cleaning (which I hate!)  
& that will do until Christmas.

You say you use a wheel  
chair - Dr. De Mott has  
strongly advised me to use a  
walking stick, as a safety  
measure, so I use one & put  
everything possible in a big pack on  
my back.

Oh re-reading your letter, you have

so many nice phrases at the

Mubfield which you really deserve.

And I am so cheered to have  
heard from you.

Much love from

Jane.